

A TYPICAL DAY FOR A CAMP MYSTIC NURSE

A typical day starts at the rising hour. No two days during a season are ever the same in the life of a camp nurse. Hours kept conform to the general daily schedule, and plans can be made each day, but unexpected happenings require a rearrangement of plans to meet pressing needs.

A typical day is as follows:

7:15	Reveille: Wake up and get dressed!
7:45	Look over a.m. med tray to make sure it is complete.
8:00	Breakfast
9:00-11:00	See patients in infirmary. 9:00-10:00 a.m. is the "morning rush". When the rush dies down. – 1. The head nurse will call the camp Dr. to give report, have prescriptions called in, Receive dispositions, etc. 2. Another nurse can go over to the office with the shopper's list and the previous day's Daily Infirmary Report. Make copy and give to Tweety highlighting any campers who started on antibiotics, spent the night in the infirmary, etc.
11:00-12:30	Someone from the infirmary should drive into town for Dr.'s appointments. Take care of campers who are in the infirmary. Write letters to or call parents of sick campers. Clean up the front room. Change sheets on the cots as necessary.
12:30	Look over lunch med tray. Transfer any necessary items from morning's tray. Call the kitchen to order lunches for campers in the infirmary and campers and staff who are in town.
12:45-Lunch	Dispense meds. Announce campers who forget their medications.
1:30-3:30	Rest Period. At least one nurse must stay in the infirmary. The other 2 may go to the waterfront.
3:30-5:30	Treat patients. Discuss problem campers with counselors or directors. Put away new supplies. Write out new med cards and add to Daily Medication Record, as needed. Nurses take turns at this time "circulating", around camp, visiting various activities, answering campers' questions, etc.
5:30-6:15	Rest before dinner.
6:15	Make sure evening med tray is complete including any newly added meds. Call the kitchen to order meals for sick campers.
6:30-Dinner	Dispense meds, etc.
7:30-8:30	Prepare hs meds and 3 med trays for tomorrow.
8:30-9:30	Attend camp functions. All nurses may attend activities at Rec Hall. Just make sure a sign is posted telling where you are.
9:30-10:00	Dispense meds. Take care of the "evening rush". Make decisions about which campers will stay in the infirmary overnight. Obtain personal supplies for these campers from their counselors.
10:00-10:15	Prepare for bed. Assist any campers who are staying overnight.
10:30-Bedtime!	(if all is well!)