

Camp Mystic® for Girls

Camp Mystic lies nestled among cypress, live oak and pecan trees in the hill country of west-central Texas on the banks of the beautiful Guadalupe River.

Mystic was established in 1926 and meets every requisite of an outstanding camp for girls. It is located near the geographical center of Texas, 18 miles northwest of Kerrville.

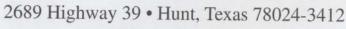
To reach Mystic from Kerrville, drive northwest on the old Spanish Trail, now known as Highway 27. At Ingram, stay left and follow the Guadalupe River on Texas Highway 39 to Hunt where the river forks. Stay on 39 at Hunt and follow the South Fork of the river for six miles.

This drive through the scenic hill country, past cypressshaded river bends, rustic summer lodges and summer resorts, gives an excellent preview of what Camp Mystic has in store.

The drive ends with a panorama of the manicured grounds of Camp Mystic sloping down to the banks of the Guadalupe River.







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Mystic Ideals

The staff at Camp Mystic strives to provide young girls with a wholesome Christian atmosphere in which they can develop outstanding personal qualities and self-esteem.

Each summer, Mystic challenges its campers to meet the Mystic Ideals:

- 1) Be a better person for being at Mystic
- 2) Let Mystic bring out the best in them
- 3) Grow spiritually.

The Mystic staff works hard to help every girl grow and develop spiritually, mentally and physically during her summers at camp.

A summer camping experience at Camp Mystic is an important investment in your daughter's education.







Be ye kind. One to another



Friendships

Of all the valuable experiences girls have at Mystic, perhaps the most treasured are the friendships campers make. The Mystic staff works hard to encourage friendships between campers.

In all aspects of camp life, girls are given opportunities to meet and interact with other campers. The results are year-round interaction with camp friends, college roommates, and lifelong friendships.







Owners and **Directors**



Dick and Tweety Eastland

The Camp Directors of Camp Mystic are Dick and Tweety Eastland, who have been at Mystic since 1974. Dick, Ag Stacy's grandson, is the third generation of Mystic management which has been in the family since 1939. Both Dick and Tweety attended The University of Texas in Austin. After they married and graduated from college, Dick, who is Ag's grandson, and Tweety decided to make their home at Mystic. For many years they worked alongside Iney and Frank Harrison, learning the traditions and operations of the camp. In the Mystic spirit, their goals are to boost every camper's self-confidence and to nurture the development of their individual characters. Dick and Tweety continue to keep the Mystic traditions alive.

Camp Mystic is owned and operated by Camp Mystic, Inc., a Texas corporation, and its officers, directors, and shareholders are Dick and Tweety Eastland.

Administrative Staff



Assistant Director and Operations and Facilities Manager Betsy and Craig Althaus



Office Manager Catherine Kelm



Senior Supervisor and Registrar J.C. and Ira Bell Mattox



Business Manager Edward Eastland



Assistant Director and Vice President Lindsay and James Eastland



Campers, counselors, and visitors have easy access to the camp directors in the office.

Correspondence

Cabin counselors write personal letters to their campers' parents during each term. These letters are accompanied by a general camp letter from the directors which relates the camp activities and festivities of the week.

Campers are encouraged to write frequent letters home. A letter to Mom or Dad is the meal ticket for Sunday lunch.

Likewise, parents are encouraged to write numerous, upbeat and encouraging letters to their daughters throughout the term.





Recognitions

The Camp Mystic staff strives to build the confidence and self-esteem of every camper. Campers are recognized for achieving their goals, good attitudes, effort and improvements in their cabins, tribes and activities.

At the awards ceremony, silver M's are awarded to campers who have shown the most improvement in a particular activity. Twenty senior girls are selected by the counselor staff to be "M Girls," based on qualifications which include leadership ability, sportsmanship and dependability. Campers and counselors select

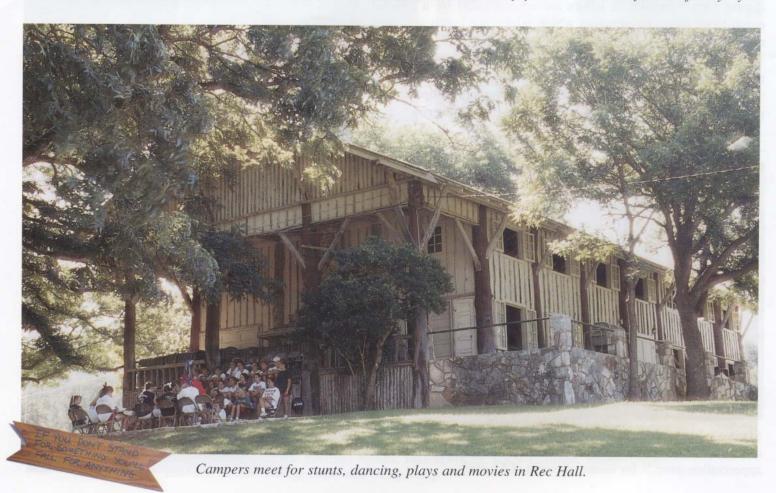
Mystic's best campers or "Cup Girls," in the junior, intermediate and senior divisions. Four, eight and twelve-year campers and counselors receive appreciation awards for summers spent at Mystic.



Facilities



Giant pecan trees shade Harrison Hall, where Mystic campers and counselors enjoy three meals a day served family style.



Cabins

The cabins at Mystic, which house an average of fifteen campers and two or three counselors, are permanent structures of native stone. Mystic has twenty-two cabins in all: thirteen cabins on the "flats," where junior and intermediate campers are housed, and nine cabins on "Senior Hill," where high intermediate and senior campers reside. Daily cabin inspections encourage campers to keep their cabins clean. Mystic has a complete sewage system with lavatories, flush toilets, and hot and cold showers inside each cabin. All cabins have indoor electricity.



Junior campers reside in "Giggle Box."



"Hangover" is a cabin for senior campers.



"Look Out" & "Look Out Nest" are cabins which house intermediate campers.



All cabins are airy, comfortable and well-built.

That Good Mystic Food





Mystic is famous for its good food. Carefully planned menus appeal to the appetites of healthy growing girls. Meals are served family style; one or two counselors sit at each table along with six or seven campers of varying ages. The campers' assigned seating changes each week. With this arrangement, the girls have the opportunity to meet more of their fellow campers, while counselors are



able to supervise the distribution of food and give helpful tips on table manners.

Well-balanced meals are served to campers and counselors three times a day. They frequently include home made bread right out of the oven. Fresh fruit is always available, and assorted flavors of Blue Bell ice cream are served every day at lunch. Campers also enjoy frequent outdoor cookouts.



"Heaven Can Wait,"

Health and Sanitation

the air-conditioned infirmary, includes a reception room, clinic and isolation ward. Campers' medications are carefully administered by the Mystic infirmary staff. In case of illness or injury, campers are treated at camp unless the infirmary staff, consisting of a physician trained nurses, believes the camper needs more expert care. In that instance, campers are

taken to Sid Peterson

Memorial Hospital in Kerrville for examination and consultation. Mystic cannot assume responsibility for personal injury, losses and other emergencies beyond our control.

A health certificate must be filled out by every camper's family physician just prior to the opening of camp.



Current vaccinations, as well as a medical release signed by the camper's parents, are required. It is also requested that parents write the directors concerning any medical, physical or other difficulties their daughters may have.

A national survey shows that the Texas Hill Country has the healthiest climate in the U.S.

The water supply comes from a water well down in the Trinity Sands.

Samples of this water are periodically examined by the state.

The garbage at Mystic is removed from the camp grounds daily. Mystic's buildings and grounds are sprayed to eliminate flies, mosquitoes and other household pests.

Inspiration





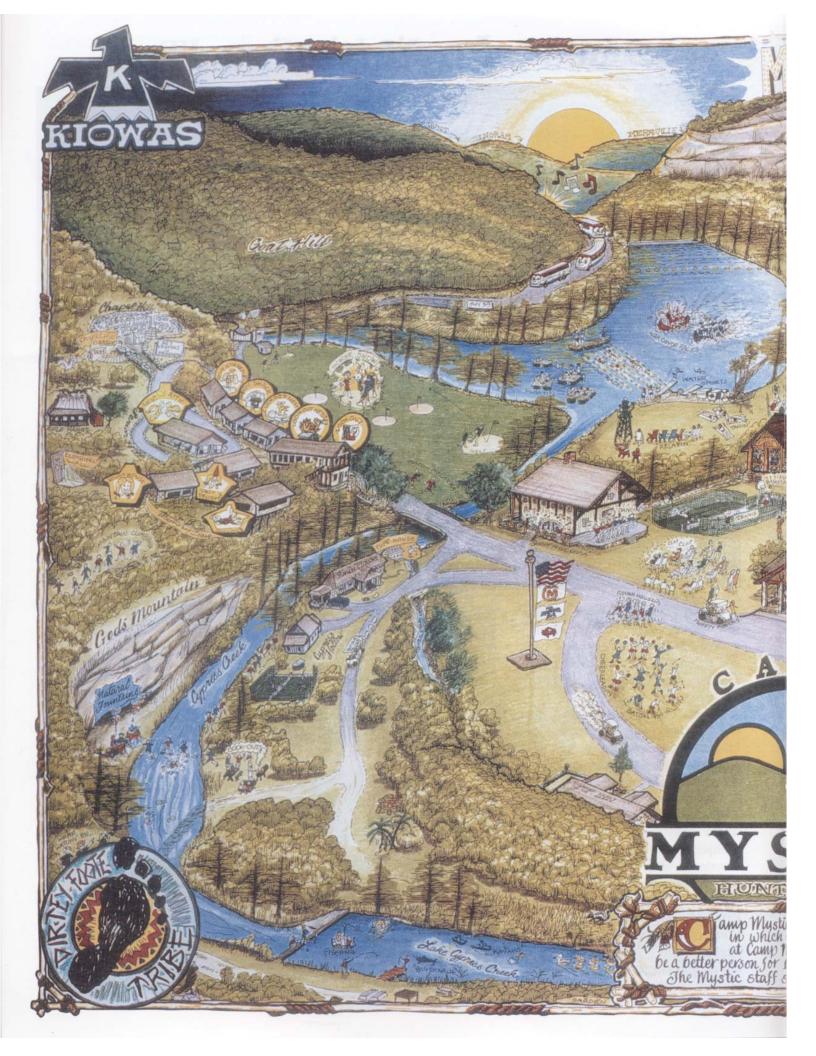


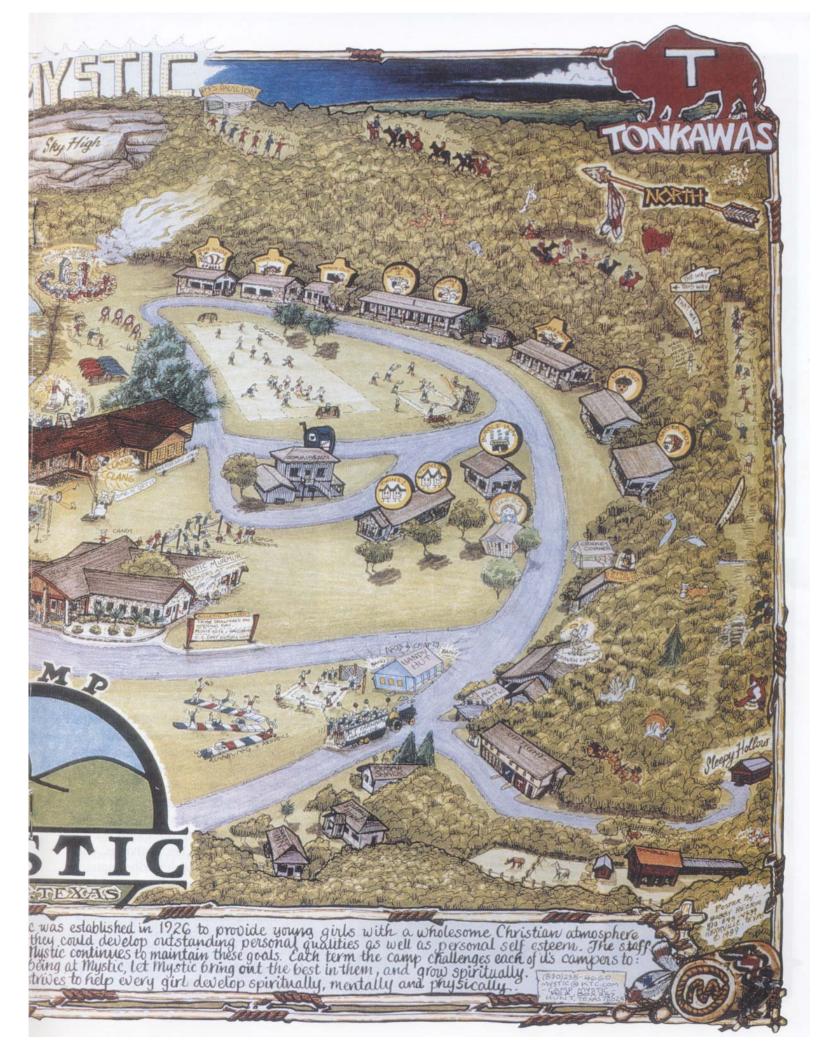
Sunday at Camp Mystic is a day of rest, relaxation, and worship. Mystic is a nondenominational Christian camp and encourages all campers and counselors to visit Chapel Hill for prayer and Sunday services.

Catholic campers attend mass on the camp grounds. Vespers services are held each Sunday evening on Chapel Hill and are designed to appeal to the spiritual life of every camper.

Mystic provides its campers and counselors with many different ways in which they can grow spiritually. Campers and counselors help lead devotionals after breakfast every morning. Bible Studies are offered for campers and counselors alike. Once a term, Mystic offers a sunrise Holy Communion service on Chapel Hill. Nightly cabin devotionals give everyone an opportunity to end the day on a positive and inspirational note.









Sisters in their tribes. This program is mutually beneficial for older and younger campers alike. Big sisters learn to serve as good role models, guiding and comforting their little sisters, who benefit greatly from

this nurturing relationship.

Evening Activities



Evening activities at Mystic provide a great opportunity for campers to unwind after an action-packed day. During tribe hills, tribe leaders inspire campers to work toward a common goal. Campfires are a relaxing backdrop for campers and counselors; they are a perfect time to stop and appreciate the surrounding natural beauty. Scavenger hunts, stunt nights and cabin nights encourage cabin bonding and teamwork. Other evening activities include carnivals, dances with boys' camps, drama productions, movie nights, serenades and so on.





Activities



*aerobics*archery *arts & crafts*basketball*beauty inside & out*campcraft*canoeing*cheerleading*
*chorus*dance*diving*drama*English riding*fishing*golf*guitar*journalism*lacrosse*landsports*
*rifle shooting*snorkeling*soccer*swimming*tennis*tumbling*volleyball*wall climbing*western riding*

Camp Mystic offers a variety of activities to meet every camper's individual interests. Activities are designed to capture

the interest of young girls, help campers acquire new skills and promote physical and social development.

Activity counselors are trained to fill each of their classes with a healthy and stimulating mix of quality teaching of new skills and good, clean fun. Safety is the first priority for counselors.

During the first and second terms, the cabin counselors help their campers select activities they wish to include in their daily schedules. With the directors personally checking each camper's schedule, a well-rounded program is assured for everyone. Campers have the opportunity to take as many as nine different activities! All classes meet on alternate days. Riding classes last for two periods and count as two activities.

Campers who attend third term, a two-week camp program, pre-register for five activities, which meet every day.

Each activity taught at Mystic has a built-in set of goals. Many activities include awards systems: medals or ribbons awarded for goals met by campers.

A sample schedule of a camper's day:

7:30 Reveille

8:00 Breakfast

8:30 Devotionals and Cabin Clean-Up

9:00-12:00 Class Activities

12:00-12:30 Tribe Period

12:30-12:45 Relax and Freshen Up

12:45 Lunch

1:30-3:30 Rest Period

3:30-4:00 Free Period

4:00-6:00 Class Activities & Tribe Games

6:00-6:30 Relax and Freshen Up

6:30 Dinner

7:45 Stunts, Tribe Fires, Campfires, Movies, etc.

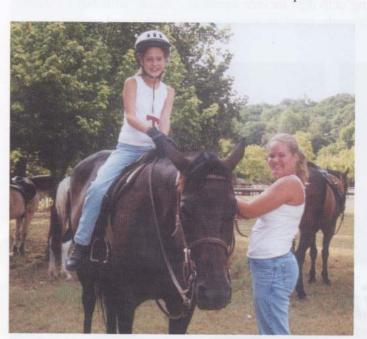
9:30 Report to Cabins

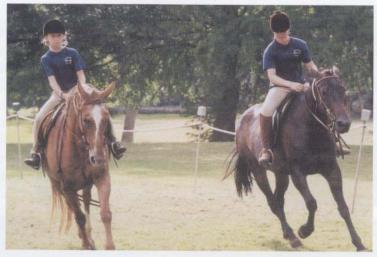
10:00 To Bed and Lights Out

10:15 Taps and No More Talking

Riding

Camp Mystic prides itself on its fine string of sixty-five gentle horses available for riding in the ring and along the wooded trails on Mystic's 750 acres. Campers receive careful instruction and supervision so that they may ride safely while improving their riding skills and having fun. There is no extra charge for horseback riding at Mystic, and campers may choose between western or English riding. Campers enrolled in riding participate in the horse show at the end of the term, where ribbons are presented.







Waterfront Activities

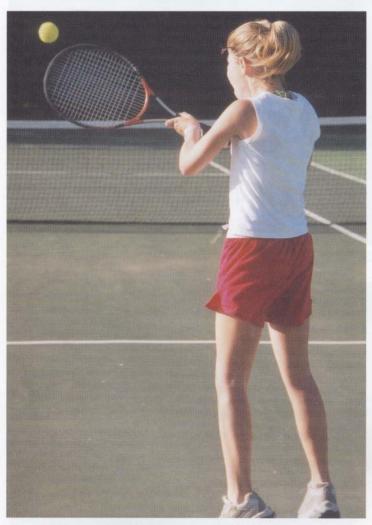


In the refreshing crystal clear water of the Guadalupe, campers delight in the many river sports offered at Mystic. They respond eagerly to expertly supervised instruction in swimming, canoeing and kayaking, diving, lifesaving, synchronized swimming, water aerobics, snorkeling, watersports and fishing. Mystic uses a summer camp water safety and training program especially tailored for Mystic's waterfront. Campers can chose from a large variety of instructional swimming levels, ranging from beginning swimming to lifesaving. Mystic's waterfront director is a certified water safety instructor and lifeguard.





Other Activities Offered at Mystic



Campers play <u>Tennis</u> on one of Mystic's seven modern "laykold" tennis courts.



Campers learn how to play various sports including softball and volleyball in <u>Landsports</u> classes.



Soccer is a popular field sport at Mystic.



Campers acquire team building skills and gain confidence in <u>Wall Climbing</u>.



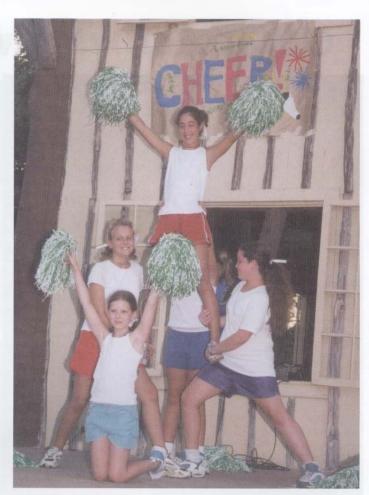
In <u>Arts and Crafts</u> classes, campers make jewelry, paint t-shirts, and acquire other creative skills.



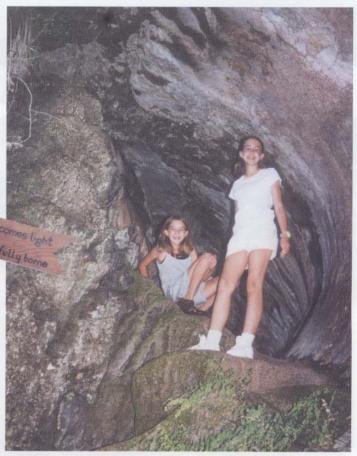
Basketball is another popular sport at Mystic.



Girls practice singing and put on a production in Chorus.



Cheerleading is a popular activity taught at Mystic.



Girls get closer to nature and explore Mystic's 750 acres in <u>Campcraft</u> classes.



<u>**Drama**</u> classes use their imaginations, energy, and enthusiasm to produce plays.



<u>Lacrosse</u> is a fun field sport offered at Mystic.



In their **Fishing** activity, Mystic campers enjoy catching catfish, bass, and perch from the beautiful Guadalupe River.



Campers who take **Guitar** learn accompaniments to camp songs.



<u>Golf</u> classes practice on Mystic's five-hole golf course and putting green.



Campers learn different moves and routines in **Tumbling** classes.



Campers hone their skills in **Volleyball** classes.



Mystic <u>Journalists</u> learn how to write, photograph, and edit the camp paper, the "Mystic Murmurs."



In <u>Beauty Inside & Out</u>, campers learn how to be a better person all-around, use proper etiquette, and also learn some beauty and health tips.



Girls get closer to nature and explore Mystic's 700 acres in <u>Camperaft</u> classes.



Rifle shooting classes work hard to earn Marksmanship medals.

Mystic

An intangible thing? No, the spirit of Camp Mystic is preserved in the lives of Mystic campers! The spiritual, mental, and physical growth of the campers are the chief goals of the camp program at Mystic. Knowledge and skills in sports are developed through class instructions and group games. Self-reliance and an appreciation of simple living result from healthful camp regimen.

Campers are encouraged to maintain personal hygiene and neatness. Through the devoted leadership of counselors of the highest quality and by close contact with girls their own age, Mystic aspires to develop in its campers loyalty, open-mindedness and tolerance of individual differences. The paramount benefit from the camp experience is the give and take of camp life and the sportsmanship it encourages.



Prayer of a Sportsman

Dear Lord, in the battle that goes on through life,

I ask but a field that is fair,

A chance that is equal with all in the strife,

A courage to strive and to dare.

And if I should win, let it be by the code,

With my faith and my honor held high.

And if I should lose, let me stand by the road,

And cheer as the winners go by.

And Lord, may my shouts be ungrudging and clear,

A tribute that comes from the heart,

And let me not cherish a snarl or a sneer,

Or play any sniveling part.

Let me say, "There they ride on laurels bestowed,

Since they played the game better than I."

Let me stand with a smile by the side of the road,

And cheer as the winners go by.

So grant me to conquer, if conquer I can,

By proving my worth in the fray. But teach me to lose like a regular man,

And not like a craven, I pray. Let me take my hat off to the warriors who strode

To victory splendid and high, Yet teach me to stand by the side of the road

And cheer as the winners go by.

