

CAMP MYSTIC® FOR GIRLS

Camp Mystic lies nestled among cypress, live oak and pecan trees in the Hill Country of west-central Texas on the banks of the beautiful Guadalupe River.

Mystic was established in 1926 and meets every requisite of an outstanding camp for girls. It is located near the geographical center of Texas, 18 miles northwest of Kerrville.

To reach Mystic from Kerrville, drive northwest on the old Spanish Trail, now known as Highway 27. At Ingram, stay left and follow the Guadalupe River on Texas Highway 39 to Hunt where the river forks. Stay on 39 at Hunt and follow the South Fork of the river for six miles.

This drive through the scenic Hill Country, past cypress-shaded river bends, rustic summer lodges and summer resorts, gives an excellent preview of what Camp Mystic has in store.

The drive ends with a panorama of the manicured grounds of Camp Mystic sloping down to the banks of the Guadalupe River.





MYSTIC IDEALS

The staff at Camp Mystic strives to provide young girls with a wholesome Christian atmosphere in which they can develop outstanding personal qualities and self-esteem.

Each summer, Mystic challenges its campers to meet the Mystic Ideals:

- Be a better person for being at Mystic
- Let Mystic bring out the best in them
- Grow spiritually

The Mystic staff works hard to help every girl grow and develop spiritually, mentally and physically during her summers at camp.

A summer camping experience at Camp Mystic is an important investment in your daughter's education.



HISTORY & MYSTIC FAMILY

Agnes Stacy, fondly called "Ag," became familiar with Mystic in 1933 when she sent her daughter Anne to camp. The next year, Ag attended Mystic herself as a director. In 1939, she and her husband, "Pop" Stacy, purchased the camp. They began many of the traditions which are still followed by Mystic's campers. Ag kept Mystic in continuous operation, except for the years 1943-45, when it was leased by the federal government as a rehabilitation and recovery camp for army air corps veterans of World War II. Iney and Frank Harrison became the directors of Mystic from 1948 until their retirement in 1987. Both influenced the lives of countless young women and men by their example and through their training. Both are credited with putting into practice many of the philosophies and traditions still valued by Mystic campers and counselors.







Current Executive Directors of both camps are Dick (Ag Stacy's grandson) and his wife, Tweety, who decided in 1974 to make Mystic their home. Together they became the third generation to manage the camp which has been in the family since 1939. For many years they worked alongside Iney and Frank, learning the traditions and operations of the camp. In 2020 Camp Mystic Cypress Lake opened, located on the property a half mile from Camp Mystic Guadalupe River. The Eastland Family is now in its fourth generation of operation with Dick and Tweety's sons and daughters-in-law directing both camps. In the Mystic spirit, their goals continue to be building every camper's self confidence and nurturing the development of their individual characters.



Director of Food Service & Head ChefRichard and Leslie Eastland



Directors of Camp Mystic Cypress Lake
Britt and Catie Eastland



Directors of Camp Mystic Guadalupe River
Edward and Mary Liz Eastland



Operations Manager & Assistant Director
Craig and Betsy Althaus



Office Manager
Catherine Kelm



Media Coordinator
Cassie Wilson

FACILITIES





HARRISON HALL







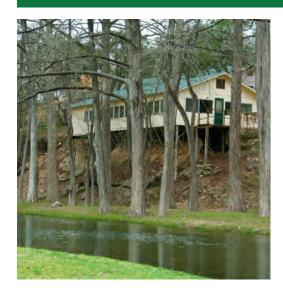


THE PAVILION



Campers, Counselors, and visitors have easy access to the Camp Mystic Directors and Staff in the camp offices.

CABINS





The cabins at Camp Mystic are built out of native stone. The Guadalupe River camp has twenty-three cabins and Cypress Lake has thirteen. Girls are placed in cabins based on the camper's grade in school. Two or three counselors live in each cabin with the campers. Daily cabin inspections encourage campers to keep their cabins clean. All cabins have their own complete bathrooms, hot showers, and electricity.





THE GREAT MYSTIC FOOD





Mystic is famous for its great food. Menus are carefully planned to appeal to the appetites of healthy growing girls. Meals are served family style, with one or two counselors at each table along with six or seven campers of varying ages. Counselors are able to supervise the tables, make sure campers are getting enough to eat and drink, and give helpful tips on table manners. The campers' assigned seating changes each week, which gives them the opportunity to meet more of their fellow campers.

Well-balanced meals are served to campers and counselors three times a day. Most everything is made from scratch using fresh ingredients. Fresh fruit it always available, and assorted flavors of Blue Bell ice cream are served every day at lunch. Campers also enjoy frequent outdoor buffets and cookouts.



CAMP INFIRMARIES

"Heaven Can Wait" and "Band-Aid Box," the infirmaries, include a reception area, clinic, and isolation room. Both camps are staffed full-time during camp sessions with licensed Registered Nurses. We have a pediatrician on call at all times and our local Kerrville hospital, Peterson Regional Medical Center, is available for camper's medical needs. A health form must be filled out prior to the opening of camp.



Current vaccinations, as well as a medical release signed by the camper's parents, are required. It is also requested that parents discuss any medical, physical or other concerns their daughters may have with the camp directors prior to camp registration.

CAMP MYSTIC TRIBES







The two tribes are the Kiowas and Tonkawas. On the first night of camp, a new camper draws either a red slip (Tonkawa) or a blue slip (Kiowa) out of a hat to determine their tribe for life. The tribal system provides new campers with an instant sense of belonging at camp. The tribe also gives campers of all ages the opportunity to contribute to their team by cheering, painting signs, playing in a game or encouraging their tribe sisters to excel. The tribe traditions, which have been handed down since Mystic's beginning, help to emphasize team spirit, fun competition and good sportsmanship.

After each game, the losing tribe commends the winning tribe who, in turn, compliments the losing tribe. Campers from opposite tribes pair up after each game and go to the chapels to pray.

Each camper aspires to receive her tribe letter, a felt "T" or "K", at the end of camp. To earn this letter she must abide by the tribe training rules and receive favorable reports from her activities and cabin counselors, as well as her tribe captain.

Campers are also paired up with Big and Little Sisters in their tribes each term. This program is mutually beneficial for older and younger campers alike. Big Sisters learn to serve as good role models, guiding and comforting their Little Sisters, who benefit greatly from this nurturing relationship.



GUADALUPE RIVER





ACTIVITIES

Camp Mystic offers over 30 activities for campers to choose from. We use a choice system that allows campers to select the activities they want and schedule which period they would like to take them. After campers attend all their classes once, they are then given the opportunity to change their activity schedule if they would like to try a different activity. Campers can choose up to nine activities. All activities are taught and led by our wonderful counselor staff. We emphasize having FUN, being safe, and learning new skills. For more information visit www.campmystic.com/activities



SAMPLE SCHEDULE

7:30	Reveille
8:00	Breakfast
8:30	Cabin Clean-Up
9:00 - 12:00	Activities
12:45	Lunch
1:30 - 3:30	Rest Period
3:30 - 4:00	Commissary/Snack Time
4:00 - 6:00	Activities & Tribe Games
6:00 - 6:30	Rest and Relax
6:30	Dinner
7:45	Evening Activities
9:30	Report to Cabins
10:00	Nighttime Devotionals
10:15	Taps and Bed Time



HORSEBACK RIDING



HUNTER SAFETY



JOURNALISM



LACROSSE





RIFLERY



SNORKELING



SOCCER



SUPER CHEER



SWIMMING





SYNCHRONIZED SWIMMING TENNIS



VOLLEYBALL WAR CANOE

SPORTS YOGA

EVENING ACTIVITIES



Evening activities at Mystic provide a great opportunity for campers to unwind after an action-packed day. During tribe hills, tribe leaders inspire campers to work toward a common goal. Campfires are a relaxing backdrop for campers and counselors; they are a perfect time to stop and appreciate the surrounding natural beauty. Scavenger hunts, skit nights and cabin nights encourage cabin bonding and teamwork. Other evening activities include carnivals, dances with boys' camps, drama productions, praise and worship night, movie nights, serenades and much more.









FRIENDSHIPS Of all the valuable experiences girls have at



Mystic, perhaps the most treasured are the friendships campers make. The Mystic staff works hard to encourage friendships between campers.

In all aspects of camp life, girls are given opportunities to meet and interact with other campers. The results are year-round interaction with camp friends, college roommates, and lifelong friendships.

INSPIRATION

Sunday at Camp Mystic is a day of rest, relaxation, and worship. Mystic is a nondenominational Christian camp, encouraging all campers and counselors to visit the chapels for prayer and Sunday services.

Catholic campers attend Mass on the camp grounds. Vespers services are held each Sunday evening on Chapel Hill and Chapel Cove and are designed to appeal to the spiritual life of every camper.













Mystic provides its campers and counselors with many different ways in which they can grow spiritually. Campers and counselors help lead devotionals after breakfast every morning. Bible studies are offered for campers and counselors alike. Once a term, Mystic offers a sunrise Holy Communion service. Nightly cabin devotionals give everyone an opportunity to end the day on a positive and inspirational note.

RECOGNITIONS

The Camp Mystic staff strives to build the confidence and self-esteem of every camper. Campers are recognized for achieving their summer camp goals, good attitudes, effort, and improvements in their cabins, tribes, and activities.















At the Awards Ceremony, Silver M's are awarded to campers who have shown the most improvement in a particular activity. Senior girls are selected by the counselor staff to be "M Girls," based on qualifications which include leadership ability, sportsmanship, and dependability. Campers and counselors select Mystic's best campers or "Cup Girls," in the junior, intermediate, and senior divisions. Four, eight, and twelve-year campers and counselors receive appreciation awards for summers spent at Mystic.



Mystic, An intangible thing? That and more. The spirit of Camp Mystic is present in the lives of Mystic campers! The spiritual and mental growth of our campers are our chief goals, while physical and skill development through class activity and group games contribute to that goal. This focus, along with gaining self reliance and an appreciation of simple living are the result of a healthy and wholesome camp program.

Campers are encouraged to maintain personal hygiene and neatness. Through the devoted leadership of counselors of the highest quality and by close contact with girls their own age, Mystic aspires to develop in its campers loyalty, open-mindedness and tolerance of individual differences. The paramount benefit from the camp experience is the give and take of camp life and the sportsmanship it encourages.



The Prayer of a Sportsman

Dear Lord, in the battle that goes on through life,

I ask but a field that is fair, A chance that is equal with all in the strife,

A courage to strive and to dare. And if I should win, let it be by the code,

With my faith and my honor held high.

And if I should lose, let me stand by the road,

And cheer as the winners go by.

And Lord, may my shouts be
ungrudging and clear,

A tribute that comes from the heart.

And let me not cherish a snarl or a sneer;

Or play any sniveling part. Let me say, "There they ride on laurels bestowed,

Since they played the game better than I."

Let me stand with a smile by the side of the road,

And cheer as the winners go by. So grant me to conquer; if conquer I can,

By proving my worth in the fray. But teach me to lose like a regular man,

And not like a craven, I pray.
Let me take my hat off to the
warriors who strode
To victory splendid and high,
Yet teach me to stand by the

side of the road

And cheer as the winners go by.

